

K. Hollis Brennan [née Lyman]



She/Hers/Ella

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EDUCATION

Professional Science Master's, University of Denver **September 2020 — June 2022**

Biomedical Sciences

Capstone: *Traumatic Brain Injury: Using research to develop recommendations for improved recovery*

Master of Arts, University of Denver **September 2017 — June 2019**

Sport and Performance Psychology

Capstone and Diversity Project: *Lessons learned in a master's program: Time spending, buy in, and consulting excellence*

Bachelor of Science, The Ohio State University **September 2009 — June 2012**

Double Major in Psychology and Criminology

Dean's List Autumn 2010, Winter 2011

LICENSES AND CERTIFICATIONS

Licensed Professional Counselor (LPC.0021445)

Certified Specialist in Psychometry (CSP.630)

CLINICAL EXPERIENCE

Founder, Licensed Professional Counselor

Brain Injury Therapy

May 2025 — Current

Primary Responsibilities: I founded Brain Injury Therapy to provide trauma-informed, neuropsychologically grounded care for individuals and families impacted by brain injury. I deliver individual and group therapy using a model that centers nervous system regulation, identity reintegration, and executive function recovery. My work includes conducting psychological evaluations focused on post injury sequelae, cognitive and adaptive functioning, and quality of life. I am to create targeted care coordination and resourcing. I design structured therapy groups and virtual therapeutic retreats for acute, long-term, and pediatric populations.

Board Certified Psychometrist and Therapist

Pediatric Psychology Services of Colorado

November 2024 — May 2025

Primary Responsibilities: As Board Certified Psychometrist at Pediatric Psychology Services of Colorado, I provided mentorship and served as an LPCC supervisor, thereby upholding quality clinical services and adherence to ethical practices. My responsibilities also included administering pediatric neuropsychological assessments and contributing to comprehensive clinical reporting.

Additionally, I delivered evidence-based therapeutic interventions for parents of children with diverse neuropsychological conditions. I organized group supervision and education designed to uphold rigorous quality assurance standards to enhance professional development and service delivery. I developed individualized training plans and conducted supervision for new psychometrists. I edited evaluation reports prior to finalization and managed the peer editing process for all reports.

Psychometrist and Therapist

Pediatric Psychology Services of Colorado

January 2023 — September 2024

Primary Responsibilities: Conducted neuropsychological and neurodevelopmental evaluations for children ages 18 and under. Specialist in neuropsychological evaluations for pediatric brain injury, medical complexity, and neurodiversity. Trained interns to deliver assessments with validity and reliability. Tracked all evaluations, reviewing reports for completeness, and coordinating the peer editing process. Provided therapy services to parents of children who were evaluated through this clinic.

Licensed Professional Counselor, Psychometrist, and Grant Writer

Unlimited Mind LLC

October 2022– Current

Primary Responsibilities: Contracting with Creative Directions Counseling & Consulting, Next Breath Psychology, and Flat Irons Cognitive Therapy. I offer individual, family, and group therapy sessions. I specialize in survivors of brain injury, folks living with chronic illness, late-diagnosed neurodiverse individuals, and traumatic event survivors. I offer an affirming practice for neurodiverse, LGBTQI+, and BIPOC individuals who live in a rural area. Conducting neuropsychological evaluations primarily for adults with Next Breath Psychology under Dr. Jake Hanks' supervision for complex presentations and neurocognitive diagnoses. Wrote and submitted two grant proposals for Hetty Pazos, PsyD. Two successfully funded for bilingual pediatric neurodevelopmental evaluations.

Interning MA Level Therapist

The Brain Injury Alliance of Colorado, Denver, CO

January 2021- June 2024

Primary Responsibilities: Served as the first interning therapist, saw individual clients who survived a brain injury and family members for therapy. Led the development of the self-identity model and application to therapy services for The Brain Injury Alliance of Colorado.

Mental Performance Consultant

Center for Performance Excellence

September 2018 — June 2019

Primary Responsibilities: Student consultant for the Adaptive Sport Foundation Youth Sled Hockey Team, Rapids Soccer Regional Coaches, the Aurora Fire Fighter Academy, a Rapids Youth Soccer Team, Northfield High School Coaches, and LIM 365 Adaptive Sports.

ADMINISTRATIVE EXPERIENCE

Founder & Coach at Unlimited Force Training, LLC, Denver, CO January 2018 – Jan 2023

Primary Responsibilities: Founded a personal coaching and training company focused on personalized physical, psychological, and spiritual health. Served over 60 individuals ranging from beginners taking control of their health to elite-level athletes aiming for the podium. Head coach for KIPP Denver Collegiate High School Cross Country (2019-2022) and Squid-LGBTQIA+ Swim Team (2018-2022).

RESEARCH EXPERIENCE

Research Assistant

Traumatic Brain Injury Lab, University of Denver, Denver, CO November 2018 — Current

PI: Kim Gorgens, PhD, ABPP

Primary Responsibilities: Project lead and mentor for new research assistants. This lab focuses on justice-involved individuals, domestic violence survivors, and athletes who experienced a brain injury. I participated in data gathering, data analysis, poster presentations, and was an author on the manuscript for a large-scale research project with MINDSOURCE assessing brain injury prevalence and other psychosocial factors individuals in community corrections. In this lab I assisted PsyD students with the completion of their dissertations, supported other master's students' data gathering, data analysis, and manuscript development. Current project: The association between childhood traumatic brain injury history and incarceration risk factors.

Research Assistant

Developmental Origins of Mental and Physical Health Lab, University of Denver, Denver, CO November 2018 — June 2022

PI: Jenna Doom, PhD

Primary Responsibilities: Assisted a doctoral student with thematic analysis for a study of high school students' attitudes and subjective wellbeing during the start of the COVID-19 pandemic. Coordinated with a Counseling Psychology PhD student on data analysis (using SPSS) of the National Survey of Children's Health. Master's capstone: Relationship between adverse childhood experiences and acquired brain injury later in life.

Research Assistant

Neurodegeneration Lab, November 2018 — July 2022

PI: Dan Linseman, PhD

Primary Responsibilities: Simple tagging of glial cells for a test of concussion effects on mice. Worked with a Biological Sciences PhD student to blood biomarker data (using Vector) and psychological assessment self-report data in persons with a history of brain injury. Master's capstone: Correlations between neurotransmitter metabolites and precursors to psychological and physiological symptoms in persons with a history of brain injury.

Research Assistant

Knoebel Institute for Healthy Aging, Paul Freeman Financial Security Program, University of Denver, Denver, CO November 2018—August 2023

PI: Eric Chess, JD, MD

Primary Responsibilities: Research assistant and psychological sciences consultant for projects with older adults at risk for financial fraud due to cognitive decline or history of brain injury. Primary project: Assessing adverse childhood experiences and memory performance in persons over the age of 50.

Research Assistant

Down Syndrome Biobank Consortium, University of Colorado, Anschutz Medical Campus, Denver, CO November 2018—October 2022

PI: Lotta Granholm-Bentley, PhD

Primary Responsibilities: Developed and managed the REDCap database for this international biobank. Communicated with 15 separate international faculty to coordinate the collection of data and sharing of data. Designed, built, and maintained the consortium website.

Research Assistant

Concussion Research Collaborative, University of Denver and University of Colorado, Anschutz Medical Campus, Denver, CO **November 2018—September 2022**

PI: Bradely Davidson, PhD

Primary Responsibilities: Updated, re-designed, and managed the REDCap database for this University of Denver and CU-Denver, Anschutz, interdisciplinary collaborative research project. Coordinated 4-5 master's and PhD students in data collection practices, through four cycles of data collection from high school athletes and college athletes whom had a concussion during that season of play. Served as a primary point of contact for the collaboration between the University of Denver Co-PI's and the University of Colorado, Anschutz Co-PI's.

Colorado OUD/SUD Training (COST) Program Coordinator

University of Denver, Denver, CO **November 2019 — February 2023**

Co-PIs: Kim Gorgens, PhD, ABPP & Laura Meyer, PhD

Primary Responsibilities: Assisted the Principal Investigator and Co-PI with all activities for a federal grant awarded through the Health Resources and Services Administration. Assisted with cohort selection; coordinated with the Graduate School of Professional Psychology (GSPP) Field Placement Director, GSPP administrators, and COST external partner sites to ensure student training met competency requirements and flowed seamlessly. Coordinated GSPP HRSA COST Team meetings, and PI and Co-PI meetings with external training partner sites. Coordinated with GSPP Grant Administrator and central DU grant office on financial duties, including payroll, invoicing, and purchasing. Recruited, set up, and assisted with APA-accredited continuing education training and workshops. Assisted with data collection and data analysis, evaluation activities, follow-up with graduates to collect HRSA-required and GSPP information, reporting activities, helped prepare publications and presentations, and worked with cohort students to ensure all clinical hours, paperwork, and other requirements were completed and recorded. Member of the Dean's Diversity Committee, LGBTQIA+ Sub Committee committed to amplifying the voices of diverse students, staff, faculty, and community partners. Member of the Research Committee which focused on the doctoral student's awareness and use of research and statistics, and dissertation to publication process.

Research Assistant

Colorado Evaluation and Action Lab, University of Denver, Denver **October 2019 - June 2020**

PI: Kim Gorgens, PhD, ABPP

Primary Responsibilities: Assisted with a US Department of Health and Human Services Grant-funded collaborative project reviewing an intervention for criminal justice-involved individuals who reported histories of traumatic brain injuries. Data collection and manuscript development. Culminated in a publication and stakeholder-led Senate Bill 138 to enact a state-level committee of stakeholders to improve brain injury support in the criminal legal system of Colorado with increasing funding.

TEACHING EXPERIENCE**Adjunct Faculty**

University of Denver, Denver, CO

January 2020- June 2022

Master's Level Courses: Research Methods (Winter 2020, Winter 2021)

- Developed department-wide core competencies for research methods and statistics courses taught at the Graduate School of Professional Psychology (in tandem with a postdoctoral student).
- Redesigned this research methods course to better serve the applied needs of this student population.
- Mentored students conducting small-scale research projects using existing data sets to help them prepare for doctoral applications and research.

Undergraduate Courses: Foundations in Kinesiology and Sport Studies (Spring 2022)

- This course is part of a new Kinesiology and Sport Science minor at the University of Denver. Responsibilities included designing and development of this first-time offered course in partnership with the program director.
- Aimed to expose students to the wide variety of careers in sports sciences and the history and cultural implications of sports sciences. Introductory course to engage student interest in the potential development of an undergraduate major in Kinesiology and Sport Studies.

Affiliate Instructor

Regis University, Denver, CO

January 2021- June 2022

Undergraduate Courses: Lifespan Development (Spring 2022)

- This upper-division course is primarily for pre-medical students in the Psychology and Neuroscience department.
- Course design and development focus on perinatal through death developmental changes in psychology and neuroscience. The curriculum includes the impacts of biology, psychology, and environmental factors on psychology, neuroanatomy, and neurodegeneration through a culturally aware lens.

PUBLICATIONS

Peer-Reviewed Articles:

1. Tackett, M. J., Gorgens, K., Miller, M. A., & **Lyman, K. H.** (2022). Understanding the rehabilitation psychology specialty career pathway. *Rehabilitation Psychology*, 67(1), 1–8. <https://doi.org/10.1037/rep0000424>
2. Gorgens, K. A., Meyer, L., Dettmer, J., Standeven, M., Goodwin, E., Marchi, C., & **Lyman, H.** (2021). Traumatic Brain Injury in Community Corrections: Prevalence and Differences in Compliance and Long-Term Outcomes Among Men and Women on Probation. *Criminal Justice and Behavior*, 48(12), 1679–1693. <https://doi.org/10.1177/00938548211010316>

Blog Posts:

1. **Brennan, H.** (2024, January 9). What we know about autistic brains on Brain Blast Monthly [Blog Post]. Retrieved from <https://www.umtherapy.com/post/what-we-know-about-autistic-brains>
2. **Brennan, Hollis.** (2024) Neurodiverse Children and Medical Trauma on Brain Blast Monthly [Blog post]. Retrieved from <https://www.umtherapy.com/post/neurodiverse-children-and-medical-trauma>
3. **Brennan, Hollis.** (2024) Trauma and Brain Injuries featured on Brain Blast Monthly [Blog post]. Retrieved from <https://www.umtherapy.com/post/trauma-and-brain-injuries>

4. **Brennan, Hollis.** (2024) How to Use Artificial Intelligence to Transform Psychology Practice: Therapy, Ethics, and Resources featured on Brain Blast Monthly [Blog post]. Retrieved from <https://www.umtherapy.com/post/artificial-intelligence-therapy-ethics-use>
5. **Brennan, Hollis.** (2024) Changes After a Brain Injury: Why do I feel like this? featured on Brain Blast Monthly [Blog post]. Retrieved from <https://www.umtherapy.com/post/neurotransmitter-changes-after-a-brain-injury-why-do-i-feel-like-this>
6. **Lyman, Katherine.** (2020) Hidden Burdens of Concussions and Science Communication featured on Science Talk [Blog post]. Retrieved from <https://www.scientetalk.org/a-science-blog/the-hidden-burdens-of-concussions-and-science-communication>
7. **Lyman, K.H.** (2018) *The Path to Mastery*, 3-part series featured in Rapids Youth Soccer League Newsletter [Blog Post]. Retrieved from <http://rapidsyouthsoccer.org/path-to-mastery-part-1/>

Publications Under Review:

1. Haarbauer-Krupa, J., Daugherty, J., Black, L., Nagele, D., Dettmer, J., Gorgens, K., **Brennan, H.**, Myles, R. L., Ashley, C. L., Medina, A., Tomita, I., & Lambert, L. A. (under review). The association between childhood traumatic brain injury history and incarceration risk factors.
2. Alexander, A. A., Klukoff, H., **Lyman, H.**, & Neal, B. (under review). Perceptions of police, color-blind racial attitudes, and belief in a just world in psychology and law graduate trainees.

PRESENTATIONS

Peer-reviewed Presentations:

1. Martin, S., Pontius, M., Kwok, C., Anderson, K., Robles, K., **Lyman, H.**, & Gorgens, K. (2025, August). *History of childhood violence among justice-involved individuals with traumatic brain injury* [Poster presentation, submitted]. APA 2025, Division 22, American Psychological Association, Denver CO.
2. Haarbauer-Krupa, J., Daugherty, J., Nagele, D. A., Dettmer, J. L., Gorgens, K. A., **Brennan, H.**, Ashley, C. L., Medina, A., Tomita, I., & Lambert, L. A. (2024, October 31–November 3). History of childhood traumatic brain injury and potential risk factors for future incarceration [Conference presentation]. American Congress of Rehabilitation Medicine Conference, Dallas, TX.
3. Mapoles, S., **Lyman, H.**, Le, K., Osherow, E., Matson, J., Golub, N., & Gorgens, K. (2021). *Mechanisms of injury differ for justice-involved persons reporting a history of brain injury*. [Poster presentation]. Front Range Neuroscience Group, Fort Collins, Colorado.
4. **Lyman, K. H.**, Kantor, C., Martin, D., Pontius, M., Kane, B., Tatum, K., & Gorgens, K. (2022). *Women with Brain Injury in Criminal Justice: Differences in Comorbidities*. [Poster presentation]. American Psychology-Law Society Conference, Denver, CO.
5. **Lyman, K. H.**, Golub, N., Mapoles, S., Le, K., Osherow, E., & Gorgens, K. (2022). *Comorbidities of violence exposure and brain injury in a juvenile justice involved population*. [Poster presentation]. American Psychology-Law Society Conference, Denver, CO.
6. Gorgens, K., **Lyman, K. H.**, & Kantor, K. (2022). *Women with Brain Injury in Criminal Justice: Differences in Comorbidities*. [Poster presentation]. Division 22 Rehabilitation Psychology Conference, Louisville, KY.

7. **Lyman, K. H.** (2022) *Understanding and reconstructing sense of self after brain injury*. [Conference presentations]. Brain Injury Alliance of Colorado Conference in Denver, CO.
8. **Lyman, K. H.**, & Valdez, L. (2022) *Understanding and reconstructing sense of self after brain injury*. [Conference presentation]. Division 22 Rehabilitation Psychology Conference, Louisville, KY.
9. Golub, N., **Lyman, H.**, & Gorgens, K. (2021) Psychosocial Comorbidities of Sport-Related TBI: Assessing History in Juvenile Justice. [Poster presentation]. Association for Applied Sport Psychology 36th Annual Conference, Virtual, Denver, CO.
10. **Lyman, K. H.** (2021) *How Much is a Life Worth? Medical Rationing, Persons who are Trans*, and Persons with Disabilities*. [Conference presentation]. HerDU, Denver, CO.
11. Rivera, K. M., **Lyman, H.**, Hoffman, M., Scott, S., Rozek, C. S., & Doom, J. R. (2021) *Qualitative analysis of adolescent social life during the COVID-19 pandemic*. [Poster presented]. Biennial Meeting for the Society for Research in Child Development, Virtual.
12. Wyatt, O., Novak, M., **Lyman, H.**, Stem, D., & Gorgens, K. (2019, October). *Revisiting the prevalence of sport-related traumatic brain injuries in the criminal justice system*. [Poster presentation]. Association for Applied Sport Psychology 34th Annual Conference, Portland, OR.
13. Standeven, M., **Lyman, K. H.**, Goodman, E., Murphy, A., Gorgens, K., Dettmer, J., Meyer, L., Knauer, R., & Horsfall, J. (2019, May) *Reducing Recidivism for Justice-Involved Individuals with Traumatic Brain Injury: Determining the Efficacy of a Screening, Identification, and Referral Model*. [Poster presentation]. University of Denver Research Showcase, Denver, CO.
14. **Lyman, K. H.** (2019) *Trauma in Sport*. [Conference presentation]. Association for Applied Sport Psychology, Southwest Regional Conference, Denver, CO.
15. Wyatt, O., **Lyman, K. H.**, White, J. M., Granholm, A. C., Davidson, B., Ledreux, A., Shelburne, K., Pryhoda, M., Gilmore, A., Oduleye, N., Mackenzie, M., King, H., Regan, C. & Webb, T. (2018, December). *A model study of multifactor concussion assessment*. [Poster presentation]. 16th annual meeting of the Front Range Neuroscience Group, Fort Collins, CO.
16. **Lyman, K. H.**, & Bracy, A. (2018) *Women in Ultra Running*. [Conference presentation]. Association for Applied Sport Psychology, Southwest Regional Conference, Denver, CO.
17. Bishop, B., **Lyman, K. H.**, Pasquarello, N., & Wang, T. (2011) *Effects of Power and Status on Punishment Severity*. [Poster presentation]. 24th Convention for Association for Psychological Science, Chicago, IL.

Invited Guest Lectures

1. Brennan, K.H. (2024, March 5th) What you can do with a master's degree. Invited lecture at University of Denver, Denver, CO.

Podcasts

1. Let's Chat Mental Health: Eco-Anxiety (October 2025). Garfield County Health and Human Services. Available on the [Glenwood Springs Library Website and Facebook](#).

SERVICE

Journal Reviewer:

Journal of Rural Mental Health; American Psychologist; Journal of Offender Rehabilitation; Journal of Offender Rehabilitation; PLOS One; Professional Psychology: Research and Practice; Substance Use and Misuse; The Surgery Journal; SAMHSA

University Service:

- o Alumni field placement supervisor: Master's in Sport and Performance Psychology program at the University of Denver's Graduate School of Professional Psychology (September 2021-June 2022)

Professional Service:

- o APA Division 47 Cornerstone Committee (2019 – 2022)
 - Early Career Mentorship Program Chair (2022-2024)
- o APA Division 47, Sport Psych Works voluntary contributor & editor (2019 – 2020)
- o Janet Hyde Graduate Student Research Grant Reviewer (2023- current)
- o Substance Abuse and Mental Health Services (SAMHSA) Grant Reviewer (2025- current)
- o APA Division 22 Continuing Education Committee
 - Chair (2025-2027)
- o APA Division 22 Disability Advocacy Liaison (2025-2027)

Community Service:

- o Founding Committee member of Blocks, Neighborhoods, and Communities (August 2021 – December 2022)
- o Colorado Palliative & Hospice Care, Legacy Stories interviewer & writer (2020 – 2023)
- o Colorado Poor People's Campaign, Coordinating Committee (May 2020 – August 2021)
- o The Blue Bench, Hotline Advocate for sexual assault survivors (November 2018 – April 2021)
- o Diversity, Equity, Consent, and Inclusion (DICE) Team, Burning Man Affiliated Events (2022)
- o Health Transition Subcommittee of MINDSOURCE (July 2025- current)

TRAINING AND CONTINUING EDUCATION

- o Grant Writing Certificate (November 15, 2020)
- o Increasing Awareness and Insight, TBI (March 29, 2022)
- o Basic EMDR Training (March 3, 2023)
- o EMDR and Traumatic Brain Injuries (April 22, 2023)
- o Autistic-Affirmative Therapy for Allistic Providers (June 14, 2023)
- o Rural communities: Treating depression & suicide (May 20, 2025)
- o Group EMDR Protocol (June 2025)
- o Certified Therapeutic Game Master (June 2025)
- o Clinical Supervision I & II (June 2025, July 2025)
- o Cognitive Behavioral Therapy for Psychosis (October 2025)

PROFESSIONAL AFFILIATIONS

- o American Association for the Advancement of Science
- o National Association of Psychometrists
- o American Psychological Association Memberships
 - o Division 7 Developmental Psychology
 - o Division 15 Educational Psychology
 - o Division 22 Rehabilitation Psychology

- o Division 33 Intellectual and Developmental Disabilities/Autism Spectrum Disorder
- o Division 34 Society for Environmental, Population and Conservation Psychology
- o Division 35 Society for the Psychology of Women
- o Division 40 Society for Clinical Neuropsychology
- o Division 44 Society for the Psychology of Sexual Orientation and Gender Diversity
- o Division 48 Society for the Study of Peace, Conflict and Violence
 - o Division 47 Society for Sport, Exercise and Performance Psychology
- o International Association of Counselors